|  |  |  |  |
| --- | --- | --- | --- |
| **Event** | **How many?** | **How far?** | **How long in seconds?** |
| Speed Bounce |  |  |  |
| Keep Ups |  |  |  |
| Distance Run |  |  |  |
| Spell Your Name- *how many letters and how long did it take?* |  |  |  |
| Stair Challenge - *up and back down is one rep.* |  |  |  |
| Hot Potato |  |  |  |
| Sock Toss |  |  |  |
| Book Balance |  |  |  |
| Plank |  |  |  |
| Handstand Hold |  |  |  |



Name \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Year Group \_\_\_\_\_\_\_\_\_\_\_\_\_

Packet ship \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_