

Marlborough Lunch Menu

Monday 28th October – Friday 1st November 2019

Monday Meat Free

- 1 **Pizza Margherita** DF* V V*
Mozzarella, cheddar & tomato sauce baked on a dough base with coleslaw, veg sticks & boiled eggs
- 2 **Roasted Sweet Potato & Spinach Pizza** DF* V V*
Mozzarella, cheddar & tomato sauce baked on a dough base with Marlborough coleslaw, veg sticks & boiled eggs
- 3 **Carrot & Ginger Soup** V V*
Served on the salad bar with freshly made bread and a range of salads

Tuesday

- 1 **Pork Ragu with Pasta** DF
Made with organic whole wheat pasta served with seasonal veggies And optional grated Cornish cheddar
- 2 **Lentil Ragu with Pasta** DF V V
Made with organic whole wheat pasta served with seasonal veggies And optional grated Cornish cheddar
- 3 **Smoked Mackerel Pate Open Sandwiches** DF*
Served on freshly baked bread on the salad bar with a range of salads

Wednesday Meat Free

- 1 **Jacket Potatoes** DF V V
Baked sweet or white potatoes served with baked beans, cheddar cheese, coleslaw and steamed seasonal veggies
- 2 **Moroccan Chickpea Tagine** DF V V
A rich tomato sauce with smoked paprika served with couscous and seasonal veggies
- 3 **Squash, Sweet Potato and Red Pepper Soup** DF V V
Served on the salad bar with freshly baked bread and a range of salads

Thursday

- 1 **Beef Chilli** DF
Beef mince slow cooked in a rich tomato sauce with organic brown basmati rice, seasonal veggies & optional grated cheddar cheese
- 2 **Veggie Bean Chilli** DF V V
Veg and mixed beans cooked in tomato sauce with rice, seasonal veggies & optional grated cheddar cheese
- 3 **Hummus & Homemade Breadsticks** V
A choice of classic hummus and roast carrot & cumin hummus with a range of salads on the salad bar

Friday

- 1 **Homemade Fishfingers** DF*
Coated in breadcrumbs and baked, served with potato wedges and seasonal veggies
- 2 **Beetroot & Halloumi Burgers** V V*
Served in a Stones Bakery brioche bun with potato wedges and seasonal veggies
- 3 **Tomato & Sesame Soup** DF V V
Served with bread and butter on the salad bar with a range of salads

V/V* Vegetarian (including no fish) or can be made veggie on request if starred

DF/DF* Dairy free (including no eggs) or can be made dairy free on request if starred

V/ V* Naturally vegan or can be made vegan on request if starred