



Marlborough Lunch Menu

Monday 3rd June – Friday 7th June 2019

Monday Meat Free	1	Pizza Margherita Cheddar, mozzarella and tomato baked on a dough base, served with optional coleslaw, boiled eggs and veggie sticks.	V V*
	2	Spinach, Egg and Olive Pizza Made with a handmade dough base. Served with optional coleslaw, boiled eggs and veggie sticks.	V V*
	3	Butternut Squash, Sweet Potato and Coconut Soup Served on the salad bar with a range of salads and homemade bread.	V V DF
Tuesday	1	Cottage Pie Slow cooked beef mince and veg topped with mashed potato, served with seasonal veggies.	
	2	Veggie Pie Slow cooked mushrooms and veg topped with mashed potato, served with seasonal veggies.	V V* DF
	3	Egg Mayo Open Sandwiches Open sarnies, on homemade half and half bread with a range of salads on the salad bar.	V
Wednesday Meat Free	1	Jacket Potatoes Choice of white or sweet, served with organic baked beans, optional grated Davidstow cheddar, homemade coleslaw and veggie sticks.	V V DF
	2	Veggie Chickpea Curry and Cous Cous Served with Stones baguette, a range of salads and veg sticks on the salad bar.	V V DF
	3	Cauliflower Cheese Soup	V
Thursday	1	Pork Ragu with Pasta Slow cooked pork in a rich tomato sauce, with organic wholewheat penne pasta.	
	2	Lentil Bolognese	V V DF
	3	Hummus and Bread Sticks Creamy chickpea hummus, served with homemade bread sticks and a range of salads on the salad bar.	V V DF
Friday	1	Homemade Fish Fingers, Tomato Sauce and Rice	
	2	Bean Burgers, Tomato Sauce and Rice	V V DF
	3	Curried Lentil and Tomato Soup Served on the salad bar.	V V DF

Sometimes our seasonal veg is steamed, sometimes roast, sometimes stir fried, but we decide on it the day before to make sure we can make the most of what's best value and available locally or more further afield. Same goes for our salads, we choose them the day before but ensure there's always a good mix of simple and more adventurous, light and more filling.

V/V* Vegetarian (including no fish) or can be made veggie on request if starred
DF/DF* Dairy free (including no eggs) or can be made dairy free on request if starred
V/V* Naturally vegan or can be made vegan on request if starred

Use the above key to choose options in regards to dietary requirements, ensuring the school know about all allergies and restrictions. If in doubt, please don't hesitate to ask for advice in the school office.