

Number 27

The Packet Ship

22<sup>nd</sup> April 2020

### Dear Parents and Carers,

**An Lester Trumach** 

We hope you are all keeping safe and well. As we go into our fifth week of social distancing and isolation different issues are developing for our families. The novelty has certainly worn off for the children and some have developed their own routines and are really enjoying the independence of home learning. Others are finding it harder; please let your child's class teacher know if you are struggling in any way with emotional wellbeing, sleep, self esteem or motivation towards home learning. We might not be able to solve the problem but we can talk to your child, offer some suggestions and make more regular check ups. We can signpost families towards support; including health visitors, school nurses and social care. The school nursing team have circulated a link to a sotry explaining the Cornavirus to children: https://nosycrow.com/blog/released-today-free-information-book-explaining-coronavirus-children-illustrated-gruffalo-illustrator-axel-scheffler/

### **Home Learning**

You should have all received home learning tasks for this week. If you have not yet received an email please contact the office. We understand that it is very difficult to juggle work, other children, family health and the rest of family life and try to complete the homelearning tasks. Class teachers have made it very clear that you should do what you can and do not add to the, already difficult, emotional stress. We have had lovely photos and feedback from pupils, showing marvellous learning and proving just how resilient and resourceful our Marlborough pupils are! Class teachers are making sure pupils are covering key skills such as maths, reading and writing and also setting research projects and creative activities.

### **Free School Meals**

Many families are sadly reaching crisis point financially due to Covid-19. If your circumstances have changed you may be eligible for Free School Meals. Please follow the link on the Cornwall.gov website to apply: <a href="https://www.cornwall.gov.uk/education-and-learning/schools-and-colleges/school-meals/application-for-free-school-meals-and-pupil-premium/">https://www.cornwall.gov.uk/education-and-learning/schools-and-colleges/school-meals/application-for-free-school-meals-and-pupil-premium/</a>

On Mondays the kitchen team make and are able to deliver hampers of food for those children eligible for means based Free School Meals. This does not apply to the Universal Free School Meals offer that is usually provided for all EYFS and KS1 children. If any of our families are having difficulty accessing food during this time please contact the office.

# Safeguarding

The current arrangements mean that children can become very vulnerable. If you need any help or support with managing the safety of your own children or you have concerns about other families please continue to talk to us. The school phone number is **01326 314636**.

You can contact the Multi Agency Referral Unit on 0300 1231 116.

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### **Online Safety**

Please also be very aware of your child's online activity. When children are spending time online they are more open to peer on peer abuse, children being mean or social pressures. If you have concerns about them

http://www.marlborough.cornwall.sch.uk/website



accessing inappropriate material please turn on filters and time limits. Make sure you are able to monitor your child's phone chats, gameing conversations and online communications. As always, be hypervigilant to your child's emotional wellbeing. The pressures placed on children to be 'in a chat' and keeping up with others are heightened when we are socially distant and they have a fear of missing out. Their emotional wellbeing is paramount at this difficult time.

# **Domestic Abuse**

The Government have a new public awareness campaign highlighting that if anyone is at risk of, or experiencing, domestic abuse, they are still able to leave and seek refuge. The campaign, under the hashtag #YouAreNotAlone, will create a community around those affected by domestic abuse and reassure victims that support remains available. At home shouldn't mean at risk. If you or someone you know is suffering from #DomesticAbuse, isolation rules do not apply. Police response and support services remain available. Find support at gov.uk/domestic-abuse or call 999 if you are in immediate danger. #YouAreNotAlone



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