

2019-2020

Number 29

6th May 2020

Dear Parents and Carers,

A new word has been coined; Coronacoaster- with the definition: 'the ups and downs of your mood during the pandemic.' I know at school we are definitely feeling the wave of this ride. Information from the media, government, Department for Education and County hall can all be conflicting and confusing, however much of the information is speculation and we will let you know the definites once we know them. A date has not yet been set for returning to school and a strategy for returning safely has not yet been given to schools.

Home Learning

You should have all received home learning tasks for this week. If you have not yet received an email please contact the office. We understand that it is very difficult to juggle work, other children, family health and the rest of family life and try to complete the home learning tasks. Class teachers have made it very clear that you should do what you can and do not add to the, already difficult, emotional stress. Class teachers are making sure pupils are covering key skills such as maths, reading and writing and also setting research projects and creative activities.

Please follow the link to the platforms on our website: http://www.marlborough.cornwall.sch.uk/website/home_learning_during_school_closure/476058

Free School Meals

Many families are sadly reaching crisis point financially due to Covid-19. If your circumstances have changed you may be eligible for Free School Meals. Please follow the link on the Cornwall.gov website to apply: https://www.cornwall.gov.uk/education-and-learning/schools-and-colleges/school-meals/application-for-free-school-meals-and-pupil-premium/

On Mondays the kitchen team make and are able to deliver hampers of food for those children eligible for means based Free School Meals. This does not apply to the Universal Free School Meals offer that is usually provided for all EYFS and KS1 children. If any of our families are having difficulty accessing food during this time please contact the office.

Safeguarding

The current arrangements mean that children can become very vulnerable. If you need any help or support with managing the safety of your own children or you have concerns about other families please continue to talk to us. The school phone number is **01326 314636**.

You can contact the Multi Agency Referral Unit on 0300 1231 116.

Online Safety

Please also be very aware of your child's online activity. When children are spending time online they are more open to peer on peer abuse, children being mean or social pressures. If you have concerns about them accessing inappropriate material please turn on filters and time limits. Make sure you are able to monitor your child's phone chats, gameing conversations and online communications. As always, be hypervigilant to your child's emotional wellbeing. The pressures placed on children to be 'in a chat' and keeping up with others are heightened when we are socially distant and they have a fear of missing out. Their emotional wellbeing is paramount at this difficult time.

http://www.marlborough.cornwall.sch.uk/website

Reporting Online Abuse

If you or your child encounter abuse online there is an online tool to report directly to the police. Please log onto <u>https://www.ceop.police.uk/safety-centre/</u> which is part of the Child Exploitation and Online Protection resource. If you keep the resource on your desk top then it can always be used if needed.

Phone Calls

Class teachers are contacting families by phone to ensure children are safe and well. Please can you answer the calls or return the call to the school office on 01326 314636. For safeguarding reasons we need to talk to all of the children. We may contact social care if we are unable to talk to a child.

Falmouth Food Co-op

The Falmouth Food Co-op are cooking meals for people who are isolating. If you are affected by the COVID-19 virus and would like to sign up for meals delivered to your home, please fill out <u>this form</u> or call 01326 567526. The meals will be free of charge but they would greatly appreciate donations.

Wellbeing

Cornwall Council have produced materials to support families emotional wellbeing. Please follow the link to find resources and contacts to support you and your children. <u>https://www.cornwall.gov.uk/education-and-learning/coronavirus-advice-for-children-and-families/emotional-resilience-and-mental-health/emotional-resilience-for-parents-and-carers/</u>

There is also a web link to Your Way, providing resources to support young people: <u>https://your-way.org.uk/</u>

Domestic Abuse

If anyone is at risk of, or experiencing, domestic abuse, they are still able to leave and seek refuge. At home shouldn't mean at risk. If you or someone you know is suffering from Domestic Abuse, isolation rules do not apply. Police response and support services remain available. Find support at gov.uk/domestic-abuse or call 999 if you are in immediate danger. #YouAreNotAlone

Sustrans Map

Please find the the link to the Falmouth Active Map, this contains local routes: https://www.cornwall.gov.uk/transport-and-streets/sustainable-transport/active-travel-walking-and-cycling/

Some wonderful examples of creative home learning





http://www.marlborough.cornwall.sch.uk/website