



## An Lester Trumach - The Packet Ship

2022-2023

Number 7

Wednesday 19<sup>th</sup>  
October 2022

Dear Parents and Carers,

The first half term of this academic year has whizzed by! Classes have been busy settling in, getting their teeth into the curriculum, enjoying the learning that is taking place and making good progress. Children often develop an early passion for a subject due to the careful planning and delivery carried out by our teaching team and past students often reminisce about key moments in their primary journey! One of the children who came along to the Oyster Festival parade said, "I'm having the time of my life!" and that is our mission: to give the children the learning experiences of their lives, setting them up to become citizens who value life and learning. Have a lovely half term break.

### Learning Out and About and in School

**Class 6 Bikeability** – Class 6 will start Bikeability training after half term, with specialist coaches coming in to school to develop their safety knowledge and skills.

**Classes 5 and 6 Space Dome** – Simon and the amazing Space Dome will be in school on the 9<sup>th</sup> of November with Classes 5 and 6 both getting to experience space and the story of evolution.

**Into Film Festival** – Next half term, all children from Class 1 onwards are being treated to a free film screening through the *Into Film Festival* which is running nationally. Class 6 are going first and will be watching *The Railway Children* at The Phoenix Cinema on Wednesday 9<sup>th</sup> November in the afternoon.

### Swimming Sessions for Classes 5 and 6

The first swimming session was a success and the staff at Truro Pool commented on how well behaved and focussed our pupils were. **The next swimming session is THIS FRIDAY and children will be back to school by 2.15pm.** The dates ahead for swimming are 21<sup>st</sup> October, 18<sup>th</sup> and 25<sup>th</sup> of November and the 2<sup>nd</sup> and 9<sup>th</sup> of December.

### Mini London Marathon

THIS FRIDAY we have our opportunity to take part in the Mini London Marathon. Information has been sent home with the children. Come along to the Rugby Club on Friday after school to complete laps of the field and earn a certificate. Thanks to Matt Swiggs for organising this.

### Child, Home and Teacher Meetings (CHAT Meetings)

Hopefully, you have managed to book a meeting with your child's class teacher and have been able to discuss their progress. If your child has additional educational needs Lisa Pearce, our SENCo, will contact you for an additional meeting after half term.

### Supporting Learning

Are you able to help support learning in school? We need people to help support reading, the wider curriculum and other aspects of school life such as creating displays and admin tasks. If you are able to offer some time, please contact the office. Many thanks.

<http://www.marlborough.cornwall.sch.uk/website>



## PE timetable

After half term, the PE days will be changing in order to rotate provision.

Class 1	Tuesdays with Mrs Pryor
Class 2	Wednesday with Mrs Bridges
Class 3	Tuesdays with Mrs Pryor
Class 4	Thursdays with Plymouth Argyle
Class 5	Mondays (31 <sup>st</sup> October and 7 <sup>th</sup> of November) then swimming on Fridays
Class 6	Mondays (31 <sup>st</sup> October and 7 <sup>th</sup> of November) then swimming on Fridays

## Becoming a Reader Meeting

Many thanks to those who attended our annual Becoming a Reader meeting. Our website has a summary of our phonics and reading delivery.

## Clubs after half term

**Choir** – Kerry Finnegan is starting Choir Club on Thursdays after school from 3.30-4.15pm for Classes 3 to 6. We already have some gigs planned; Christmas lights switch on and a concert at Princess Pavilions! Please email the office if you would like your child to take part.

**Netball** – Louise Tremewan will continue with Netball Club after half term but the club will be swapping to a **TUESDAY** from 3.30-4.30pm for Classes 3 to 6.

## Year 7 Applications 2023

Applications for secondary places for pupils in Class 6 are open until the 31<sup>st</sup> October 2022. Applications can be submitted by following [this link](#).

## Starting School 2023

We are starting our autumn school tours for families looking at school places for Reception 2023. If you would like to book a tour of our whole school provision please contact Olivia at [office@marlborough.cornwall.sch.uk](mailto:office@marlborough.cornwall.sch.uk)

## Wrap Club

Plymouth Argyle are providing Breakfast Club and Wrap Club every school day, which can be booked through this new link: [Booking Link](#)

Children in Wrap Club this week have played games, read stories, created art and craft, ate snacks and will be pumpkin carving on Friday.

## Looking Ahead to Christmas!

As the supermarkets start selling Quality Street we start thinking about Christmas! Here are the key dates for the diary for this festive season at Marlborough School;

- **Tuesday 6<sup>th</sup> December at 5.30pm** – Reception, Class 1 and Class 2 Nativity
- **Wednesday 7<sup>th</sup> December at 2.15pm and 5.30pm** – Reception, Class 1 and Class 2 Nativity
- **Tuesday 13<sup>th</sup> December at 6pm** – Key Stage 2 Christmas Concert at All Saints' Church
- **Wednesday 14<sup>th</sup> December** – Whole school to see Miracle Theatre's Sleeping Beauty at Princess Pavilion - £10 per ticket
- **Thursday 15<sup>th</sup> December** – Christmas Dinner
- **Friday 16<sup>th</sup> December** – Whole School Winter Walk and last day of term

<http://www.marlborough.cornwall.sch.uk/website>



## UPDATE!

### Marlborough Kitchen and Chefs in Schools



We have had an exciting time working with the charity, *Chefs in Schools*, over the past few weeks. Nerissa and her team have worked alongside Ruth and Kay to develop our, already brilliant, kitchen into a tasty, nutritious and economical model of excellent school catering. After half term we will be changing our menu with the addition of a roast on a Thursday and a Fish and Chip Friday! This week we have slight changes to our current menu with Thursday being Roast Ham or Veggie Roast. Friday's lunch will be Sausage and Wedges or Veggie Sausages and Wedges. The new menu is now on ParentPay.

## WHAT'S FOR LUNCH?

### WEEK 1

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>MAIN (OPTION 1)</b>	Mac 'N' Cheese WHEAT, MUSTARD & MILK	Chicken Curry	Hand Rolled Tomato & Basil Margarita Pizza WHEAT & MILK	Shepherd's Pie with Root Vegetables Mash MILK, CELERY & FISH	Panko Crumbed Fresh Fish of the Day FISH, EGGS & WHEAT
<b>MAIN (OPTION 2)</b>	Tomato & Basil Pasta WHEAT & SULPHITE	Coconut, Sweet Potato & Red Lentil Curry	Aubergine Parmigiana MILK	Veggie Shepherd's Pie with Root Vegetable Mash CELERY	Crispy Fried Sweetcorn Fritters
<b>SIDES</b> Where main includes, portion will be offered as optional extra	Roasted Garlic & Olive Oil Wholemeal Focaccia WHEAT	Lemon Infused Brown Rice, Flat Breads & Lime Yoghurt WHEAT & MILK	Giant Couscous SEMOLINA	Onion Gravy & Wholemeal Bread WHEAT, MUSTARD	Skin on Chips & Homemade Ketchup SULPHITE & SOY
<b>VEGETABLES</b>	Seasonal Vegetables & Salad	Seasonal Vegetables & Salad	Seasonal Vegetables & Salad	Seasonal Vegetables & Salad	Seasonal Vegetables & Salad
<b>EXTRAS</b>	Fresh Fruit Platter Daily Greek Yoghurt with Honey or Fruit Compote Once A Week Monday = Cinnamon Apple Crumble & Homemade Custard Thursday = Fruit Flapjack EGGS, WHEAT, OATS & MILK				

## WHAT'S FOR LUNCH?

### WEEK 2

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>MAIN (OPTION 1)</b>	Tomato & Miso Pasta WHEAT, SULPHITE & SOY	Taco Tuesday Beef Chilli	Jacket Potato with Tuna & Pilchards Mayonnaise EGGS & FISH	Overnight Slow Roasted Ham SULPHITE	Enchiladas WHEAT & MILK
<b>MAIN (OPTION 2)</b>	Pesto (Allergy Free) Pasta WHEAT	Taco Tuesday Five Bean Chilli	Jacket Potato with Home Beans & Cheese MILK & SOY	Not Meatloaf with Roasted Squash WHEAT, CELERY, SULPHITE, SOY & OATS	Halloumi & Carrot Croquettes MILK
<b>SIDES</b> Where main includes, portion will be offered as optional extra	Wholemeal Bread WHEAT	Shredded Iceberg, Salsa, Cheese & Sour Cream SULPHITES & MILK	Olive & Rosemary Wholemeal Focaccia WHEAT	Roast Potatoes and Applesauce Wholemeal Bread WHEAT	Hummus, Tomato Salsa and Spicy Rice SULPHITE & SESAME
<b>VEGETABLES</b>	Seasonal Vegetables & Salad	Seasonal Vegetables & Salad	Seasonal Vegetables & Salad	Seasonal Vegetables & Salad	Seasonal Vegetables & Salad
<b>EXTRAS</b>	Fresh Fruit Platter Daily Greek Yoghurt with Honey or Fruit Compote Once a Week Wednesday = Butternut Squash Cake Friday = Chocolate Cake EGGS, MILK, & WHEAT				



### Booking Lunches

Please can you book your child's lunch via ParentPay for the week ahead. This saves time in the morning and confusion at lunch times. Thanks.

We would like to invite families into school for lunch on any day of the week set for their class. The cost of a meal for an adult is £3.55. Please email Olivia at [office@marlborough.cornwall.sch.uk](mailto:office@marlborough.cornwall.sch.uk) to book a place. Please book the week before your child's week.

**Class 2 families** – Week beginning 31<sup>st</sup> of October

**Class 1 families** – Week beginning 7<sup>th</sup> of November

**Reception families** – Week beginning 14<sup>th</sup> of November

### Dates for the Diary

**Wednesday 19<sup>th</sup> October** – Class 5 to Falmouth Art Gallery – Automata Workshop all day

**Friday 21<sup>st</sup> October** – Class 5 and 6 Swimming Session at Truro Pool

**Friday 21<sup>st</sup> October** – Mini London Marathon 2.15-3.30pm at Falmouth Rugby Club

**Monday 24<sup>th</sup> – Friday 28<sup>th</sup> October** – Half Term Holiday

**Friday 4<sup>th</sup> November** – Class 6 Bikeability – Group 1

**Monday 7<sup>th</sup> November** – Class 6 Bikeability – Group 2

**Wednesday 9<sup>th</sup> November** – Space Dome for Classes 5 and 6

**Wednesday 9<sup>th</sup> November** – Class 6 to *Into Film Festival* at the Phoenix Cinema, pm only



The poster for the National Sleep Helpline features a dark blue background with a white outline of a person's head and shoulders. The text is in white and light blue. At the top, it says 'the national sleep helpline' with a logo of three blue dots. Below that, it says 'CALL US' and the phone number '03303 530 541'. Underneath the number, there are five white dots of varying sizes. Below the dots, it says 'SPEAK TO TRAINED SLEEP ADVISORS' and lists the hours: 'Sunday - Tuesday & Thursday 7pm - 9pm' and 'Wednesday 9am - 11am'. There are three quotes from people who have used the helpline. The first quote says: 'Fantastic! I've spoken to so many people over the years who just don't get it, and I feel that you really do.' The second quote says: 'You're great. Really lovely, one of the nicest calls I have had from a helpline. Thank you so much.' The third quote says: 'Really easy to get through and talk through some choices.' At the bottom, there is a small copyright notice: 'Copyright © 2022 The Sleep Charity. All rights reserved. The Sleep Charity, a charitable incorporated organisation registered with the Charity Commission under registration number 1150585.'

the national sleep helpline

CALL US

**03303 530 541**

SPEAK TO TRAINED SLEEP ADVISORS  
Sunday - Tuesday & Thursday 7pm - 9pm  
Wednesday 9am - 11am

"Fantastic! I've spoken to so many people over the years who just don't get it, and I feel that you really do."

"You're great. Really lovely, one of the nicest calls I have had from a helpline. Thank you so much."

"Really easy to get through and talk through some choices."

Copyright © 2022 The Sleep Charity. All rights reserved. The Sleep Charity, a charitable incorporated organisation registered with the Charity Commission under registration number 1150585.

<http://www.marlborough.cornwall.sch.uk/website>

