



Marlborough Lunch Menu

Monday 14th – Friday 18th January 2019

Monday Meat Free	1	Homemade Margerita Pizza Served with homemade coleslaw, raw veggie sticks and optional hard boiled eggs.	V V
	2	Leek and Potato Soup Served on the salad bar with homemade bread and raw veggie sticks for dunking.	V V
Tuesday	1	Shepherds Pie Tasty lamb and vegetables with a creamy mashed potato topping, served with seasonal veggies.	
	2	Beetroot and Halloumi Burgers Served in a Stones brioche bun with herby seedy cous cous, homemade coleslaw and sweet potato chips.	V V
	3	Coconut Daal Mildly spiced lentil daal served on the salad bar with homemade flatbreads and raw veggie sticks.	V V
Wednesday	1	Beef Lasagne Served with seasonal veggies.	
	2	Squash and Goats Cheese Lasagne Served with seasonal veggies.	V
	3	Curried Parsnip Soup Served with Stones maltstar and raw veggie sticks on the salad bar.	V V
Thursday	1	Fish Fingers and Potato Wedges Homemade Cornish breaded fish fingers served with potato wedges, seasonal veggies and optional tartare sauce.	
	2	Butternut Squash and Pea Risotto Served with seasonal veggies.	V V
	3	Egg Mayo Sandwiches Served on the salad bar with raw veggie sticks and salads.	V
Friday	1	Smoked Salmon and Pea Pasta Made with wholemeal penne pasta and served with seasonal veggies and optional grated Davidstow cheddar.	
	2	Jacket Potatoes A choice of white or sweet potato, served with organic baked beans, or homemade coleslaw and optional grated Davidstow cheddar.	V V
	3	Herby Cheese Scones Served on the salad bar with extra cheese, chutney and salads.	V

Sometimes our seasonal veg is steamed, sometimes roast, sometimes stir fried, but we decide on it the day before to make sure we can make the most of what's best value and available locally or more further afield. Same goes for our salads, we choose them the day before but ensure there's always a good mix of simple and more adventurous, light and more filling.

V/V*
DF/DF*
V/V*

Vegetarian (including no fish) or can be made veggie on request if starred
Dairy free (including no eggs) or can be made dairy free on request if starred
Naturally vegan or can be made vegan on request if starred

Use the above key to choose options in regards to dietary requirements, ensuring the school know about all allergies and restrictions. If in doubt, please don't hesitate to ask for advice in the school office.