

Marlborough Lunch Menu



Week's commencing: 13th January, 3rd February, 2nd + 23rd March.

Monday Meat Free	1	Pizza Margherita Mozzarella, cheddar & tomato sauce baked on a dough base with coleslaw, veg sticks & boiled eggs	DF* <u>V</u> <u>V*</u>
	2	Roasted Sweet Potato & Spinach Pizza Mozzarella, cheddar & tomato sauce baked on a dough base with Marlborough coleslaw, veg sticks & boiled eggs	DF* <u>V</u> <u>V*</u>
	3	Carrot Soup Served on the salad bar with freshly made bread and a range of salads	<u>V</u> <u>V*</u>
Tuesday	1	Pork Ragu with Pasta Made with organic whole wheat pasta served with seasonal veggies And optional grated Cornish cheddar	DF
	2	Lentil Ragu with Pasta Made with organic whole wheat pasta served with seasonal veggies And optional grated Cornish cheddar	DF <u>V</u> <u>V</u>
	3	Smoked Mackerel Pate Open Sandwiches Served on freshly baked bread on the salad bar with a range of salads	DF*
Wednesday Meat Free	1	Jacket Potatoes Baked sweet or white potatoes served with baked beans, cheddar cheese, coleslaw and steamed seasonal veggies	DF <u>V</u> <u>V</u>
	2	Red Pepper & Sweetcorn Pancakes served with seasonal veggies	DF <u>V</u> <u>V</u>
	3	Cheese Rolls	DF <u>V</u> <u>V</u>
Thursday	1	Beef Chilli Beef mince slow cooked in a rich tomato sauce with whole wheat pasta, seasonal veggies & optional grated cheddar cheese	DF
	2	Veggie Bean Chilli Lentils, veg and kidney beans cooked in tomato sauce with whole wheat pasta, seasonal veggies & optional grated cheddar cheese	DF <u>V</u> <u>V</u>
	3	Hummus & Homemade Breadsticks A choice of classic hummus and roast red pepper hummus with a range of salads on the salad bar	<u>V</u>
Friday	1	Fishfingers Coated in breadcrumbs and baked, served with potato wedges and seasonal veggies	DF*
	2	Veggie Burgers Served in a Stones Bakery brioche bun with potato wedges and seasonal veggies	<u>V</u> <u>V*</u>
	3	Tomato & Sesame Soup Served with bread and butter on the salad bar with a range of salads	DF <u>V</u> <u>V</u>

V/V* Vegetarian (including no fish) or can be made veggie on request if starred

DF/DF* Dairy free (including no eggs) or can be made dairy free on request if starred

V/ V* Naturally vegan or can be made vegan on request if starred