

Marlborough Lunch Menu



Thursday 6th – Friday 7th September 2018

Thursday

1

Baked Potatoes

Served with cheese and beans.

V DF* V*

2

Leek and Potato Soup

Served with Stones baguette, Cornish butter and veg sticks for dunking.

V DF V

Friday

1

Spaghetti Bolognese

A mix of whole wheat and white organic spaghetti served with organic Nancarrow beef Bolognese, served with seasonal veggies and optional Davidstow cheddar.

DF V*

2

Tomato and Sesame Soup

Served with soda bread and veggie sticks.

V V*

Sometimes our seasonal veg is steamed, sometimes roast, sometimes stir fried, but we decide on it the day before to make sure we can make the most of what's best value and available locally or more further afield. Same goes for our salads, we choose them the day before but ensure there's always a good mix of simple and more adventurous, light and more filling.

V/V*

Vegetarian (including no fish) or can be made veggie on request if starred

DF/DF*

Dairy free (including no eggs) or can be made dairy free on request if starred

V/V*

Naturally vegan or can be made vegan on request if starred

Use the above key to choose options in regards to dietary requirements, ensuring the school know about all allergies and restrictions. If in doubt, please don't hesitate to ask in the kitchen for advice.