



2017-2018

Number 3

An Lester Trumach - The Packet Ship

25 September 2017

Dear Parents

Thank you to everyone who came to last week's meetings with your children's new class teachers... and for listening to me beforehand! I hope you found the sessions informative and helpful. There were some key messages about which I will write in turn in this half term's newsletters. The main areas covered were:

Marlborough School



The School Aims
Marlborough Manners
Teaching and Learning – the learning powers
Food – School Meals and Packed Lunches
Coming to School – travel, uniform and exceptional leave
Funding – the school budgets crisis; our charging policy
A School Library
How you can help

A Rising Tide Lifts All Ships

Now that we've settled into the new year I'd like to start with Coming to School and a few reminders about the morning drop off and afternoon collections. We do understand that the morning is a busy time and the area around school has become busier in recent years, our own school growing to capacity and new families moving into the close unable to find places with us. Please be respectful of the residences when travelling to school: if possible, walk; do not drive into Ferndale Road unless you have a mobility need to do so; if parking in nearby roads do so with respect and awareness of residents' access. I have written to Swanpool to ask if the school community could again take up the facility of using the car-park for drop-off and collection times and will keep parents informed.

It is important that everyone arrives at school in time for lessons to start at 08:45. When a child comes into class after this point it can be embarrassing or difficult for him or her and is disruptive for the rest of the class. Anyone arriving at the foyer after 08:43 should not accompany their child through to class and indeed when the first bell sounds we would ask that parents leave the room as quickly as possible for the register to be taken.

It is always good to see the children arrive in smart and ready often in new uniforms at the beginning of the school year. We also have a good range of school clothing passed on from families for you to buy at the office. As the year goes on children can tend to push at the boundaries of the dress code, which is actually very straightforward:

Infants

- navy blue skirts or shorts
- plain red sweatshirt or cardigan bearing the school logo
- white polo shirt
- red and white gingham dress
- red, white, blue or black socks

Juniors

- navy blue skirts, shorts or trousers
- plain red sweatshirt or cardigan bearing the school logo
- white polo shirt
- red and white gingham dress
- red, white, blue or black socks

Shoes

Children must wear safe and sensible footwear at all times (there is no stipulation on colour). Good, sturdy and breathable trainers are ideal as they can be worn throughout the day and for PE. Open toe shoes and crocs are not permissible owing to the stairs and other trip hazards around school. Slip-on shoes are not advisable, again for safety reasons, and cannot be worn when using the any of the outdoor equipment .

The children's parliament will discuss later the options for y6 wearing sports or leavers hoodies so that everyone knows what is allowed and when. Please do not purchase some of the new fashion items some suppliers sometimes issue without checking with the school. The gingham material shorts-suits are not agreed uniform for example and should only be worn as summer dresses. Thank you.

As said, I'll write with further details of other subjects in coming weeks. I have however also included a copy of the Cornwall Healthy School's guidance on packed lunches at the foot of this newsletter. The school parliament and governors will shortly agree a packed lunch policy based on this document



A few strong arms and willing help is needed for this Saturday, 30th September at 09:00 to help move the paving slabs from the infant outdoor area up to the field. We've a couple of trucks and drivers offered and teams loading and unloading at each end will soon get the job done. If you are able to help please let us know at the office in person, or by phone or email. Thank you!



| Last Week | | | | Total | | |
|-----------------|------------|----|---|-----------------|------------|----|
| 1 st | Freeling | 23 | 7 | 1 st | Pelham | 14 |
| | Pelham | 23 | 7 | 2 nd | Freeling | 12 |
| 3 rd | Chichester | 22 | 4 | 3 rd | Chichester | 7 |
| 4 th | Fox | 18 | 3 | 4 th | Swiftsure | 6 |
| 5 th | Swiftsure | 15 | 2 | 5 th | Fox | 5 |
| 6 th | Walsingham | 14 | 1 | 6 th | Walsingham | 2 |

Please Support our
This Friday at 14:00



Falmouth School is offering any student in years 5 and 6 who is not involved with the netball or football leagues to turn up at Falmouth School at 16:00 for an hour on Wednesdays and play sport with us under the guidance of one of the PE staff. We think that it's a great way to involve children who would like to play in a less competitive environment whilst still learning some core techniques and skills. There is no cost involved and no need to register - simply turn up and play!

Cornwall Music Education Hub

Next Steps!
Free music workshops for young beginner woodwind & brass players

Next Steps is a free opportunity for students who have tried out learning an instrument as part of a whole class at school and would now like to explore further before signing up for lessons or joining an ensemble.

If your child has tried out learning an instrument at school, we are offering them the opportunity to try out learning a woodwind or brass instrument as part of a free ensemble project. A free instrument will be provided for your child to use during the project.

If you would like to register your child for these sessions, please contact
Alice Reynolds - areynolds1@cornwall.gov.uk
Tel: 01872 246043 CMEH@cornwall.gov.uk

Dates - Fridays during the Autumn Term
Time - 14.30 - 15.30
Location - Falmouth School, Trescobas Road, TR11 4LH

Children will be collected from their schools by mini bus but parents should collect their child from Falmouth School after the sessions.



This week we welcome colleague head-teachers who are visiting the school to support us in an **Instead Review** (an inspection framework produced and run by the National Association of Headteachers). They will be visiting classes and talking to children, staff and professional partners. We would also like to **invite all parents and carers** able to meet with the team **tomorrow, Tuesday 26th September from 14:30 in the school hall** before pick-up time to tell them about the school and answer any questions they may have (there will also be an opportunity to ask a few of your own).

Rogansier

<http://marlborough.eschools.co.uk>



TRURO SCHOOL
open morning

Senior School Open Morning

Saturday 7 October
9.30am to 12.30pm

Boys and Girls 11-18
Day and Boarding

truroschool.com
Education for Life




Ranked in the top
1%
of schools in England for
value-added at A level

Coming Soon
Marlborough's School Packed Lunch Policy:



Prep & Senior Open Morning
Saturday 14 October

Come and see why happy girls achieve

Book your visit today by calling 01872 242904
trurohigh.co.uk



TRURO HIGH SCHOOL
Girls First



A Healthy Lunchbox!



Choose an item of food from each of the five sections

| CARBOHYDRATES for energy Portion: size of fist | PROTEIN for growth Portion: size of palm | DAIRY for strong bones/teeth Portion (cheese): size of two fingers | VEGETABLES for health Portion: handful | FRUIT to fight disease Portion: handful |
|---|--|---|---|---|
| Bread roll | Chicken slices | Natural yoghurt in a small pot | Carrots, cut into sticks | Fruit salad in a pot |
| Crackers | Bean salad * | Soft cheese spread | Roasted vegetable salad | Banana, cut a slit in the top for easy peeling |
| Oatcakes | Hard boiled egg | Cream cheese | Coleslaw * | Canned fruit in natural juice |
| Zebra sandwich (1 slice brown bread/1 slice white) | Fish pate * (e.g. mackerel mixed with cream cheese and a squeeze of lemon) | Lancaster cheese with a chutney dip | Raw broccoli or cauliflower cut into mini florets | Apple cut into wedges and wipe with lemon juice and place in a sealable pot |
| Tortilla wrap | Houmous * | Cup of milk | Sugar snap peas | Dried fruit (half portion size) |
| Couscous salad * | Kidney beans mashed with a little French dressing | Custard in a small pot | Red and yellow pepper sticks | Seedless grapes cut into quarters |
| Pasta or rice salad * | Quiche slice * | Edam cheese, cubed | Sweetcorn from a can, drained | Fruit juice or smoothie (mix with 50% water) |
| Wholemeal pitta bread | Prawns defrosted and dried on kitchen paper and placed in a pot | Grated / sliced cheddar cheese | Cherry tomatoes cut into quarters | Kiwi fruit top removed, serve with a spoon |
| Bread sticks | Roast meat leftovers | Cottage cheese | Watercress | Melon wedges or cubes |
| Potato salad | Salmon or tuna | Nibbles of different types of cheese | Tomato salsa * | Nectarine, plum, pear |
| Bagel | Sliced ham | Rice pudding in a small pot | Avocado dip * | Easy peel clementine |
| French toast | Smooth peanut butter | Fromage frais in a small pot | Assorted salad leaves | Berries in a small pot |
| Savoury scone * | Butterbean spread * | Apricot fool * | Cucumber peeled into ribbons | Fruit jelly |

*visit our website www.cornwallhealthyweight.org.uk for lots more ideas and recipes

<http://marlborough.eschools.co.uk>

