



Marlborough Lunch Menu

Monday 26th – Friday 30th November 2018

Monday Meat Free	1	Macaroni Cheese with Kale and Cauliflower Served with roasted tomatoes and sweetcorn.	V
	2	Pasta with Roasted Tomato Sauce Wholewheat penne pasta served with sweetcorn and optional Davidstow cheddar.	V V
	3	Hummus and Homemade Breadsticks Served on the salad bar with raw veggie sticks.	V V
Tuesday	1	Shepherd's Pie Served with buttery leeks and peas.	
	2	Beetroot and Halloumi Burgers Served in a Stones brioche bun with buttery leeks and peas and sweet potato chips.	V V
	3	Spiced Carrot and Lentil Soup Served on the salad bar with Stones maltstar and raw veggie sticks.	V V
Wednesday	1	Pasta Bolognese Made with wholewheat penne pasta and served with optional grated Davidstow cheddar and seasonal veggies.	
	2	Pasta with Roasted Veggies Made with wholewheat penne pasta served with optional grated Davidstow cheddar.	V V
	3	Cauliflower Cheese Soup Served on the salad bar with Stones baguette and raw veggie sticks.	V
Thursday	1	Sausage Rolls Made with Primrose Herd sausage meat and homemade flaky pastry, served with potato wedges and seasonal veggies.	
	2	Veggie Sausage Rolls Made with homemade flaky pastry, served with potato wedges and seasonal veggies.	V V
	3	Roasted Veggie Salad Roasted Autumn veggies served with cous cous, salad leaves, optional Feta cheese and an optional spicy dressing.	V V
Friday Meat Free	1	Baked Potatoes Choice of white or sweet, served with organic baked beans and optional grated Davidstow cheddar.	V V
	2	Butternut Squash and Pea Risotto Served with seasonal veggies.	V V
	3	Herby Cheese Scones Served on the salad bar with butter, chutney, extra cheese and salads.	V

Sometimes our seasonal veg is steamed, sometimes roast, sometimes stir fried, but we decide on it the day before to make sure we can make the most of what's best value and available locally or more further afield. Same goes for our salads, we choose them the day before but ensure there's always a good mix of simple and more adventurous, light and more filling.

V/V*

Vegetarian (including no fish) or can be made veggie on request if starred

DF/DF*

Dairy free (including no eggs) or can be made dairy free on request if starred

V/V*

Naturally vegan or can be made vegan on request if starred

Use the above key to choose options in regards to dietary requirements, ensuring the school know about all allergies and restrictions. If in doubt, please don't hesitate to ask for advice in the school office.