



An Lester Trumach - The Packet Ship

Dear Parents and Carers,

We hope you had a restful and restorative half term; it was wonderful to spot signs of spring and have moments of sunshine in between the storms and rain! As we start the second half of the school year we are holding parent consultations to enable you to get a clear picture of your child's progress. Hopefully, you will find these meetings useful; please remember class teachers are able to talk through any issues throughout the year. We have **World Book Day** tomorrow which is always a fantastic way to celebrate Marlborough's love of reading; what an exciting start to this half term!

Learning Out and About and in School

Butterflies Show – In collaboration with the Hall for Cornwall, a beautiful show called *Butterflies* is being shown in school today. Class 5 will be taking part in a workshop this afternoon.

TOMORROW! World Book Day – As it's WBD tomorrow, pupils can come to school dressed as an 'adjective'; green, furry, happy, sleepy, solid, spiky, crazy... anything goes! If this is a problem for anyone please speak to class teachers who can help. Please can children bring in a book they love from home to share with their friends. Thank you. If your child has PE tomorrow they can bring their kit to change into or come as a 'sporty' adjective!

Songfest – Kerry Finnegan has been working with our Class 6 choir members in preparation for Songfest on Thursday 3rd March at Princess Pavilion. Information and a link has been sent to families to enable them to buy tickets.

Michael Rosen and Allen Fatimaharan Workshop – Classes 3 to 6 will be taking part in a virtual workshop entitled *Cook Up Your Own Fairytale* in association with the British Library on Monday 7th of March.

Class 2 to All Saints' Church – Class 2 will be heading to All Saints' Church on Tuesday 8th March to learn about Easter and it's importance to Christians.

Class 2 Pasty Making – Class 2 were learning how to make the perfect pasty yesterday and they will be heading to Choak's Pasty Shop (other pasty brands are available!) on the 9th of March.

Class 1 to Falmouth Art Gallery – Class 1 will be looking at *The Art of Animation* exhibition and taking part in a workshop on Thursday 10th of March. They will be back in time for lunch.

Sport in School – Spring 2

Children should come to school in their PE kits on their PE day. Reception children get changed in school to help develop their independence.

Class 1	Thursday	Athletics with Plymouth Argyle
Class 2	Thursday	Striking and Fielding with Plymouth Argyle
Class 3	Tuesday	Gymnastics with Mrs Pryor
Class 4	Wednesday	Brazilian Jui Jitsu with Resolute Jui Jitsu and Netball
Class 5	Tuesday	Gymnastics with Mrs Pryor
Class 6	Wednesday	Brazilian Jui Jitsu with Resolute Jui Jitsu

<http://www.marlborough.cornwall.sch.uk/website>



St Piran's Day Parade and Fete – As St Piran's Day falls on the weekend, the celebrations will be at Princess Pavilion on Saturday 5th of March. There will be a dance procession leaving Queen Mary Gardens at 10am and everyone is invited to dance the Falmouth Furry along the seafront to Princess Pavillion. Vicki Ferguson will be coming into school on **Friday 4th at 2pm** to teach the dance to families wishing to join in the parade. Please come along to learn the dance; the more the merrier!

Extra-Curricular Clubs

All extra-curricular clubs remain the same this half term; with the addition of Class 6 SATs club on Mondays until 4.30pm. On Mondays we have a Plymouth Argyle All Girls Club with spaces left for any girl in Classes 3, 4, 5 and 6. Bookings can be made via this link:

<https://argylecommunitytrust.co.uk/school-clubs/west-cornwall-asc-2/>

Covid Update

Currently, we have a very low percentage of the school community with Covid and therefore have no additional measures in place from Public Health England. Adults do not need to wear a mask on the school site. We are still maintaining our levels of hygiene around the school and ensuring rooms are well ventilated. Over the course of this half term, unless advised otherwise, we will be gradually returning to mixed playtimes, whole school assemblies and adults invited into school.

At present, we ask that children with symptoms have a PCR test and those that test positive should remain off school until they have two consecutive negative test results after day 5. They are able to return to school after 10 days regardless of test results.

Mental Health Support

If you are worried about your own or someone else's mental health call the Cornwall and Isles of Scilly 24/7 NHS mental health response line on **0800 038 5300**. It's free to access by anyone, any age, any time, day or night. The Cornwall Council website has links to many resources that may be of help

<https://www.cornwall.gov.uk/CYPmentalhealth>

Dr Bike Day

Nick from the Sustainable Transport team will be coming into school on Wednesday 16th of March to look over bikes and scooters, making sure they are roadworthy and giving them a spruce up so children can use their wheels confidently. More information will follow next week.

Dates for the Diary

Week beginning Monday 28th February – Parent Consultation Meetings with class teachers

Wednesday 2nd March – Whole school *Butterflies* performance

Thursday 3rd March – World Book Day

Thursday 3rd March – Songfest at Princess Pavilions at 7pm (Class 6 choir members)

Friday 4th March – St Piran's Day dance workshop for families- 2pm

Monday 7th March – Cook Up Your Own Fairytale workshop – KS2

Tuesday 8th March – Class 2 to All Saint's Church

Wednesday 9th March – Class 2 to Choak's Pasty Shop

Thursday 10th March – Class 1 to Falmouth Art Gallery

Tuesday 15th March – Class 1 Adventure Club

Wednesday 16th March – Dr Bike Session for scooters and bikes

<http://www.marlborough.cornwall.sch.uk/website>



Marlborough Mariners' Quiz Night

Quiz night is back!

Friday 11th March

Marlborough School Hall

7.30 for 8pm start

Bar, pasties and raffle

£10 per table of up to 8 people. Friends and families welcome. Sign up at office, at raffle stall at drop off and pick up week before or on the night. Cash only. Bring your own glass.



The poster features a central orange rectangle with a black banner at the top containing the text 'ST. PIRAN'S DAY' in white, serif, all-caps font. Above the banner is a decorative border of white and black triangular flags. Below the banner, the text is centered and reads: 'Princess Pavilion, Falmouth', 'Saturday 5 March', '10am - 7.30pm', 'Seafront Parade', 'Live Music', 'Children's Entertainment Stalls', 'Food & Drink', and 'Licensed Bar'. At the bottom, there are logos for 'Pip's Pasties', 'A&P', and the 'Cornwall Community Foundation'.

ST. PIRAN'S DAY

Princess Pavilion, Falmouth

Saturday 5 March
10am - 7.30pm

Seafront Parade
Live Music
Children's Entertainment
Stalls
Food & Drink
Licensed Bar

with thanks to: Pip's Pasties | A&P |  Cornwall Community Foundation

<http://www.marlborough.cornwall.sch.uk/website>





Ways to Speak to Children About Events in Ukraine

The media coverage of events in Ukraine is undoubtedly being heard by our children. The use words such as invasion, attack, bombing and war are, undoubtedly, being overheard and absorbed by our children. For some, this may well be very frightening. Sitting on top of the experiences of the last two years may add further anxiety and fear, exacerbating distress. As parents/carers or teachers, you may feel uncertain about the best way to reassure without raising anxiety further. We may inadvertently communicate our own anxieties and fears around the events by if we don't notice how we are feeling before speaking to them, or by ignoring the topic completely



Steady yourself before you start to speak to your child. Your child will take their cues from you, if you appear anxious, their fear may escalate. **Be calm, steady and factual.**

Find out what your child understands already and what they may have heard. "I'm guessing you have heard lots about Ukraine on the news, or from adults talking about it, I'm wondering what you may be thinking about it or if you have any questions?"



Listen, Validate, Empathise to your child's fears and worries. Be compassionate and understanding and accept their feelings before moving to reassure. War **is** frightening and this comes on top of their experiences of the pandemic which may have heightened their sense that the world is not safe.

Contextualise and contain locate where the conflict is happening so the child has a sense of distance and the risk of them being caught up in the conflict for them is low. Use appropriate sources of information - BBC Newsround, Time for Kids, News for Kids, The Day to find accurate, age appropriate information



Take action: be aware of what your child is overhearing either through news bulletins or through adults discussing the situation. Find ways to empower your child in to do something meaningful - maybe contribute to care parcels sent out to those displaced by the conflict, find out what is happening locally to provide support, looking for those helping can balance the child's perspective

www.traumainformedschools.co.uk

